

**SEMEN COLLECTION PROCEDURE FOR**  
**POST VASECTOMY**  
**Pocono Medical Center Laboratory**

1. Individual must abstain from sexual activity for three days prior to collection of specimen.
2. Specimen is to be collected at home by masturbation. (Facilities are not available at Pocono Medical Center.)
3. Entire specimen is to be collected into a special plastic specimen container available from the laboratory. (Use of a condom or a lubricant is unacceptable.)
4. Label sample with patient's name and time and date of collection.
5. Specimen must be brought to the laboratory within one hour of collection.
6. Specimen must be kept warm, next to the body. No artificial heat is to be applied.
7. Specimen is to be brought to Central Registration during the hours of 7:00 AM to 12:00 NOON, Monday through Friday (No holidays). Specimens will not be processed after 12:00 NOON. If another time is desirable, arrangements must be made with the laboratory by calling Hematology at 570-476-3546 before 2:30 PM to make alternate arrangements.

**SEMEN ANALYSIS QUESTIONNAIRE**

Please complete and bring with your specimen to the Central Registration Department at  
Pocono Medical Center between 7 am – 12 noon

Thank You

Your Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Time specimen delivered to the lab: \_\_\_\_\_

Number of days abstinence prior to collection: \_\_\_\_\_

Was specimen collected by masturbation?: \_\_\_\_\_ Yes                      \_\_\_\_\_ No

Was a condom or lubricant used?: \_\_\_\_\_ Yes                      \_\_\_\_\_ No

Time of specimen collection: \_\_\_\_\_

Was specimen maintained at body temperature?: \_\_\_\_\_ Yes                      \_\_\_\_\_ No

Was specimen kept close to the body?: \_\_\_\_\_ Yes                      \_\_\_\_\_ No

Was vasectomy surgery performed?: \_\_\_\_\_ Yes                      \_\_\_\_\_ No

If so, date of vasectomy surgery: \_\_\_\_\_

Was any of the specimen lost during collection?: \_\_\_\_\_